



**RIIL**  
Online  
www.riil.org

## Monthly Bulletin

September  
2004

***BE A SPORT!***



*The desire to win is born in most of us. The will to win is a matter of training. The manner of winning is a matter of honor.*

*- Margaret Thatcher*



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# Rhode Island Interscholastic League

Thomas A. Mezzanotte  
*Executive Director*

Richard R. Magarian  
*Assistant Executive Director*

Janet C. Halz  
*Treasurer*

Ruth Nicastro  
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Susana Borges  
*Secretary*

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**FROM THE DESK OF ...  
THE EXECUTIVE DIRECTOR**

**SPORTSMANSHIP AND ETHICAL CONDUCT  
MISSION STATEMENT**

**Good Sportsmanship, ethical behavior, integrity, and the respect for others” are the guiding principles that permeate all interscholastic activities in our state. In perception and practice, sportsmanship is defined as those qualities which are characterized by generosity and genuine concern for others. Each individual, regardless of their role, is expected to model sportsmanship because of their influence on the behavior of others.**

Now that the school year is underway - classes are in session, games are being played - the RIIL wants to emphasize to each coach, teacher, school administrator, parent/spectator and contest official the importance of your leadership role in sportsmanship, ethics and integrity. The professional manner in which you conduct yourself prior to, during and following a contest unquestionably impacts the behavior of everyone involved.

The RIIL has joined the National Federation of State High School Associations (NFHS) in its quest to improve sportsmanship, ethics and integrity. We are involved in an ongoing campaign in every sport to do just that. Please take the time to read and digest our mission statement and then carefully consider your impact upon the others.

Thank you and have a great season.

\* \* \* \* \*

**Athletes Fair Play Code**

1. I will participate because I want to, not just because my parents or coaches want me to.
2. I will play by the rules and in the spirit of the game.
3. I will control my temper since fighting and disrespect can spoil the activity for everyone.
4. I will respect my opponents.
5. I will do my best to try to be a true team player.
6. I will remember that winning isn't everything. Having fun, improving my skills, making friends and doing my best are also important.
7. I will acknowledge all good plays or performances by both my teammates and my opponents.
8. I will remember that coaches and officials are there to help me. I will accept their decisions, show them respect and understand they have given their time to be with me.



## Fans Fair Play Code

1. I will remember that young people play sports for THEIR enjoyment, not to entertain me.
2. I will not have unrealistic expectations and will understand that doing one's best is as important as winning. I understand that ridiculing an athlete for making a mistake is not acceptable behavior.
3. I will respect the official's decisions and will encourage all participants to do the same.
4. I will respect and show appreciation for the coaches and understand that they have given their time to provide sport activities for our young people.
5. I will encourage athletes and coaches to play by the rules and to resolve conflicts without resorting to hostility or violence.
6. I will show respect for my team's opponents because I realize there would be no game without them.
7. I will not use bad language and will not harass athletes, coaches, officials or other spectators.
8. I will always show good sportsmanship since young people learn best by example.



## Parents Role in Interscholastic Athletics

### Communicating With Your Children

- Make sure your children know that win or lose, scared or heroic, you love them, appreciate their efforts and are not disappointed in them. This will allow them to do their best without fear of failure. Be the person in their life they can look to for constant positive reinforcement.
- Try your best to be completely honest about your child's athletic ability, competitive attitude, sportsmanship and actual skill level.
- Be helpful but don't coach them. It's tough not to, but it is a lot tougher for the child to be flooded with advice and critical instruction.
- Teach them to enjoy the thrill of competition, to be "out there trying," to be working to improve their skills and attitudes. Help them develop the feeling for competing, for trying hard, for having fun.
- Try not to relive your athletic life through your child in a way that creates pressure. You were frightened, backed off at times and were not always heroic. Athletic children need their parents, so do not withdraw. There is a thinking, feeling, sensitive, free spirit in that uniform who needs a lot of understanding, especially when their world turns bad. If they are comfortable with you win or lose, then they are on their way to maximum enjoyment.
- Don't compete with the coach. If your child is receiving mixed messages from two different authority figures, he or she will likely become disenchanting.
- Don't compare the skill, courage or attitude of your child with other members of the team.
- Get to know the coach(es). Then you can be assured that his or her philosophy, attitudes, ethics and knowledge are such that you are happy to have your child under his or her leadership.
- Always remember that children tend to exaggerate, both when praised and when criticized. Temper your reaction and investigate before overreacting.
- Make a point of understanding courage and the fact that it is relative. Some of us climb mountains and are afraid to fly. Some of us will fly but turn to jelly if a bee approaches. Everyone is frightened in certain areas. Explain that courage is not the absence of fear, but a means of doing something in spite of fear and discomfort.

## Healthy Lifestyles and Sports Medicine

### Nutritional



### Supplements

The increased availability of these products on the Internet, by mail order, or from nutritional supplement retailers, allows student athletes access to a wide variety of supplements that are highly marketed in fitness and strength training magazines with promises, endorsed by faulty research claims, of extraordinary weight loss, explosive power, or tremendous strength gains. As a coach, athletic administrator, or parent it is important to be aware of and educate oneself about what substances your student athletes may be using and about the potential risks involved with uneducated supplement use.

- **Basic information and links about popular nutritional supplements**
  - **Ephedra**
  - **Creatine**
  - **Androstenedione "Andro" & Dedhydroepiandrosterone**

Nutritional supplements are not the only thing readily available for athletes looking to improve performance. **Illicit drugs** are also used with the goal of aiding performance.

- **Anabolic Steroids**
- **Prescription Medication (ex: Oxycontin, Valium, Dexedrine, Ritalin)**

### Other links:

- The American College of Sports Medicine (ACSM) has posted a news release concerning the "designer steroid"

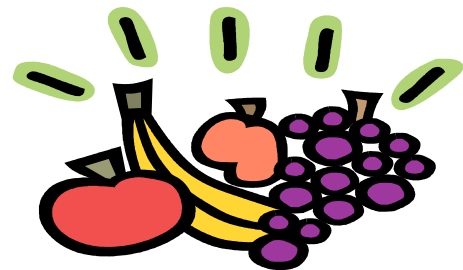
## Disordered Eating

### FACTS:

- More than 5 million Americans experience eating disorders.
- 10 to 15 percent of those diagnosed with bulimia are men.
- 15 percent of young women have disordered eating behaviors or attitudes.
- Anorexia nervosa, bulimia nervosa, and binge-eating disorder affect the mind and body simultaneously.
- 86 percent report onset of illness before the age of 20.
- Eating disorders are significantly higher (15 to 62 percent) in the athletic population than the general population.

Coaches, administrators, parents, and officials must know the signs and symptoms of disordered eating. Disordered eating ranges from mild and/or occasional abnormal eating behaviors to the severe conditions of anorexia and bulimia.

- General Signs & Symptoms
- Types of sports that have a high risk of athletes with disordered eating
- The Role of the Coach
- Prevention
- Predisposing Psychological and Social Factors
- Physiological Effects
- Anorexia Nervosa
- Bulimia Nervosa
- Anorexia Athletica
- Eating Disorders Not Otherwise Specified (EDNOS)
- Female Athlete Triad
- "The Surgeon General's Call to action to Prevent and Decrease Overweight and Obesity"



**PLEASE NOTE:**

**LiveSTRONG Wristbands**

The Lance Armstrong “LiveSTRONG” yellow wristband is popular among athletes. The NFHS Rules Review Committee has agreed that this wristband, like any adornment, shall be treated as jewelry and removed during participation.

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**BACK-TO-SCHOOL CHECKLIST**

The following is a suggested checklist for school Administrators and/or Athletic Directors to help make sure things go as smoothly as possible for you and your student-athletes as we get the new school year started:

- Check the RIIL Rules Book for the updated and correct forms that need to be completed and sent to our office *prior* to the start of each activity.
- Recommend that each coach read the RIIL Rules and Regulations. Please consider providing each head coach with a copy of the RIIL Rules and Regulations and the monthly bulletins, which often contain changes or up-to-date announcements. Be certain coaches and students participating in activities know the rules pertaining to eligibility, prizes, season limitations, contest limits, and the importance of starting dates for practices and competitions.
- Communicate the school’s philosophy of interscholastic activities, especially responsibilities in sportsmanship, to coaches, boosters, students, and parents. Develop a handbook which establishes rules, regulations, expectations, practice guidelines and lettering criteria for each activity. Conduct a pre-season meeting with parents and student-athletes to review the handbook. Give parents the opportunity to have their questions answered at this time.
- Thoroughly check all requirements for any transfer student(s) for whom eligibility is being sought, specifically residence, age, and scholastic requirements.
- Thoroughly check to make sure that each student participating in a RIIL activity has a valid Annual Physical Examination on file at the school prior to participating in any athletic tryout, practice, or contest.
- Each and every student participating in a RIIL activity must be listed on an eligibility form and must have an Assumption of Risk Form filed with the RIIL office. The eligibility list must be submitted online; the original of the Risk Form must be mailed or delivered to the League office – faxes are not acceptable for the Risk Form.

\* \* \* \* \*

**AND WE QUOTE:**

*“Without change there can be no breakthrough, without breakthroughs there can be no future.*

**SPORTSMANSHIP SURVEY 2004**

*Josephson Institute of Ethics*

A new Josephson Institute survey of over 4,200 high school athletes provides a chilling picture of a confused generation floating in moral relativism and self-serving rationalizations.

The survey is believed to be the most comprehensive ever undertaken of the attitudes and behaviors of high school athletes.

It shows that, while nearly 90 percent of athletes think most of their coaches set a good example of sportsmanship, they may not know what a good example is. Large percentages of them endorse questionable actions of coaches. For instance:

- Forty-two percent of male athletes and 24 percent of females think it’s o.k. for the coach to use the stolen playbook of an opposing team.

- Fifty-one percent of males and 30 percent of females think it’s o.k. for the coach to argue with an official intending to intimidate or influence future calls.

In addition, to judge by their attitudes, many high school athletes themselves engage in unsporting conduct. For instance, 58 percent of males and 24 percent of females think it’s o.k. to deliberately inflict pain in football to intimidate an opponent.

**The findings are disturbing.** To see the whole report, please go to: <http://charactercounts.org/sports/survey2004>

\* \* \* \* \*

**DO’S AND DON’TS**

**DON’T:**

- ✓ Fax and then mail originals for any forms, surveys, etc. Remember ... Assumption of Risk Forms are the only form for which we must have the original copy.
- ✓ Call an assignor with a head’s up about possible change in your home schedule; when the proper procedure is processed online, s/he will be automatically notified by email.
- ✓ Call the League office with postponements/cancellations. The online program will alert all the necessary people.
- ✓ Send in partial Hardship Applications with a note “more to follow”. Please submit all appropriate documentation together.

**DO:**

- ✓ File your eligibility lists on time (one week prior to the first contest, *including* Injury Fund games).
- ✓ File your eligibility lists online – faxes are not acceptable.
- ✓ When filing for a waiver of the rule, make sure you have submitted all necessary information in one package.
- ✓ Have the school name on each page – be sure the proper signatures have been obtained where necessary.

\* \* \* \* \*

**REMINDER ...**

Nominations for the RIIL High School Athletic Hall of Fame Class of 2005 are due in the RIIL office no later than Oct 1<sup>st</sup>. All nominations must be on the official Nomination Form, which may be obtained Online at [www.riil.org](http://www.riil.org), or by calling the League office at 272-9844.

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*September 2, 2004 -- Press Release*

**PARTICIPATION SETS RECORD  
FOR SIXTH STRAIGHT YEAR**

For the 15<sup>th</sup> consecutive year, the number of students participating in high school athletics has increased, setting an all-time high for participation.

Based on figures from the 50 state high school athletic/activity associations, plus the District of Columbia, that are members of the National Federation of State High School Associations (NFHS), participation for the 2003-04 school year rose by 58,456 students, to 6,903,552, according to the 2003-04 High School Athletics Participation Survey conducted by the NFHS. This marked the sixth consecutive year that a record was established for participation in high school athletics.

The survey shows that more than half of all total enrolled high school students compete in athletics, 53.3 percent. This percentage of high school students participating in sports is higher than that of years past.

For example, this year's participation rate shows a 1.6 percent increase over the 1994-95 participation percentage figure of 51.7 percent, a 5.1 percent increase over the 1989-90 figure of 48.2 percent, and 6.6 percent increase over the 1984-85 and 1980-81 (the first year for which student enrollment data is available) figures of 46.7 percent.

"We are extremely pleased to have set a participation record for the 15<sup>th</sup> consecutive year and to have well over half of all enrolled students competing in high school athletics," said NFHS Executive Director Robert F. Kanaby. "The fact that there are nearly seven million high school sports participants in our nation's high schools speaks volumes to the popularity of interscholastic sports and

to how much these sports mean to our country's youth."

Participation numbers for both boys and girls increased. Boys athletics experienced the greater increase, going up 49,515 participants, while girls participation increased 8,941. The boys' total of 4,038,253 is the fourth-highest overall, and highest since 1977-78, the last time boys participation surpassed the four million mark. The girls' total of 2,865,299 sets an all-time high for female participation.

The biggest gaining sport among girls was soccer, which saw an increase of 7,582 participants. This brought the number of total participants to 309,032, making it the fifth-most popular girls program. Following soccer was tennis, which had an increase of 4,948 participants, and fast pitch softball with 4,556 more participants. Swimming and diving saw an increase of 3,097 more participants than last year, followed by an increase of 2,927 in the sport of cross country. Outdoor track and field, the second-most popular female sport, saw an increase of 2,720 participants, bringing its total participation number to 418,322.

Bowling had the greatest increase in number of schools, as an additional 291 schools offered the sport last year. Lacrosse was offered in 200 more schools and soccer was picked up by 191 schools.

Eleven-player football registered the largest increase among boys sports, adding 9,540 participants, while tennis added 8,094. Outdoor track and field (6,774) and cross country (4,595) also experienced significant gains in male participation.

As for sponsorship, bowling enjoyed the largest increase for the second straight year, with 196 new programs. Swimming and diving was second with an increase of 170 schools, followed by soccer with 116. Basketball remained the most popular sport for girls with 457,986 participants, followed by outdoor track and field (418,322), volleyball (396,322), fast pitch softball (362,468), soccer (309,032), tennis (167,758), cross country (166,287), swimming and diving (144,565), competitive spirit squads (89,443) and golf (63,173).

On the boys' side, 11-player football again is the most popular sport with 1,032,682 participants, followed by basketball (544,811), outdoor track and field (504,801), baseball (457,146), soccer (349,785), wrestling (238,700), cross country (196,428), golf (163,341), tennis (152,938) and swimming and diving (96,562).

Texas remained the state with the most participants with 754,828. It is followed by California (652,333), New York (336,987), Illinois (324,433), Ohio (303,505), Michigan (302,648), Pennsylvania (261,049), New Jersey (228,842), Minnesota (220,788) and Florida (212,760).

The participation survey has been compiled since 1971 by the NFHS through numbers it receives

from its member associations. The complete 2003-04 Participation Survey will be available soon on the NFHS Web site <[www.nfhs.org](http://www.nfhs.org)>.

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## MINORITY Women

*Coaches Program*

- The NFHS is looking to train 200 minority women who are interested in coaching or have coached for one year or less.
- Course materials will be self-driven, interactive on-line training.
- Upon course completion, the coaches' names will be entered into the National Coaching Registry for potential job applicant pool.
- The cost of the course is free.
- For more information, contact B. Elliot Hopkins, CAA, at [ehopkins@nfhs.org](mailto:ehopkins@nfhs.org).

\* \* \* \* \*

### DID YOU KNOW?????

**D**id you know that athletes who are ejected from high school contests for unsportsmanlike conduct are ineligible for the remainder of that contest plus the next contest at that level of competition, as well as all other contests in the interim?

Coaches who are ejected from a contest for unsportsmanlike conduct are ineligible for the remainder of that contest plus the next two contests as well as subject to a \$50.00 fine. Further, the coach shall remain ineligible until such time as the fine is paid.

In addition, athletes and coaches who are ejected from a contest must submit an Unsportsmanlike Conduct Questionnaire to the RIIL office.

\* \* \* \* \*

*"To accomplish great things, we must not only act, but also dream; not only plan, but also believe.*

- Anatole France

\* \* \* \* \*

### BLAST FROM THE PAST

*by Brad Avenia*

**Monsignor Robert Newbold** is a man of great importance to the Rhode Island Interscholastic League. He was the first Executive Director of the RIIL beginning his tenure in 1969. He served for twenty-six years until his retirement in 1994, when Dick Lynch was named the new Executive Director. Monsignor Newbold guided the League through its early years of major expansion and helped mold the League to where it is today. He was born and bred in Rhode Island. In fact, he has never lived outside of our state. Monsignor Newbold also is the proud holder of four degrees, including doctorates in Philosophy and Law. The law degree was earned as a result of working for the League; he believed having a law degree would allow him to better serve the League in legal issues. In 2003, Monsignor Newbold was inducted into the first class of the Rhode Island Interscholastic League Hall of Fame.

When Monsignor Newbold came to the League in 1969, it was facing many challenges, from lawsuits to the changing landscape in sports. Monsignor Newbold began his career at the League as the Director of Track, however, he stated his favorite is hockey. He started out being a part-time director, but eventually, became the full-time director. Under his leadership, the Principals Committee on Athletics instituted many of the League policies still in use today. The changes in athletics went from the inclusion of girls in athletics, the rapid expansion of both boys and girls teams in sports and a generally different appreciation for athletics across the American landscape. Female sports expansion is one thing that Monsignor Newbold thinks is a good idea. On the issue of Title IX, he believes that overall it has a very positive affect on high school athletics. Monsignor Newbold also notes the League has changed dramatically over the years moving from the basement of someone's home to the current headquarters at Rhode Island College.

Monsignor Newbold is not only proud of his law degree, but more importantly the many good friends made while at the League. He is also proud of the three years spent while serving at the national level on the NFHS Board and the year spent as the Boards Vice President. Monsignor Newbold feels the state of Athletics in this country is strong; however, he is very concerned with the school funding budget cuts that are being enacted in Rhode Island eliminating many athletics teams, especially freshman and JV level teams.

Monsignor Newbold has many fond memories of not just the League but some of the Rhode Island political leaders who were playing Rhode Island High School Sports during their youth. He recalls former Speaker of the House John Harwood playing hockey and Governor Carcieri playing football for East Greenwich High School.

Monsignor Newbold was raised in Bristol, Rhode Island. He has an especially soft spot for the Big Bristol Fourth of July Celebration and, in fact, he used to march in the parade with Bishop Gelineau.

When asked about new Executive Director Tom Mezzanotte, Monsignor Newbold offered the advice that he should follow

in the footsteps of past directors, most notably recently retired director Dick Lynch.

As for hobbies, he enjoys listening to political talk shows; his favorite being Steve Kass on WPRO in Providence. Now retired, Monsignor Newbold should be thanked immensely for his contributions to Rhode Island High School Athletics and the Rhode Island Interscholastic League. Anyone who would like to reach Monsignor Newbold can do so by writing him at:

Monsignor Robert Newbold  
Saint John Vianney Residence  
493 Mount Pleasant Avenue  
Providence, RI 02908

\* \* \* \* \*



*The August meeting of the Principals' Committee on Athletics was called to order at 1:35 p.m.*

John Gray, Chairperson of the RIIL Principals' Committee on Athletics, opened the meeting by welcoming Tom Mezzanotte the new Executive Director of the RIIL, and also, welcoming back the Principals' Committee on Athletics.

#### **EXECUTIVE DIRECTOR'S REPORT**

The Executive Director's Report from the June 21, 2004 meeting was approved.

#### **TREASURER'S REPORT**

In lieu of the monthly Treasurer's Report, the 2004-2005 Budget will be presented to the full Committee for approval.

#### **COMMUNICATIONS**

Mr. Mezzanotte referred to several letters, memoranda and publications that were placed in each member's folder or filed in the League office. Special consideration was made to the following:

- Responses from various state associations regarding special accommodation requests based on the Americans with Disabilities Act. This was forwarded to James McAleer, league attorney.
- NFHS press release regarding the NFHS Softball Rules Committee approval of rule requiring all high school fastpitch softball players to wear batting helmets equipped with NOCSAE approved facemask/guards. The new standard will take effect on January 1, 2006.
- The American Dietetic Association and Gatorade have teamed up to create the "**Performance Challenge**" – a new tool that Sports Nutritionists can bring to your team and teach them about good nutrition and hydration.

#### **OFFICIAL'S CONTRACTS FOR 2004-2005**

Mr. Mezzanotte reported this year all official's contracts will end at the conclusion of the 2004-2005 school year. Negotiations regarding non-monetary issues will be discussed.

#### **RIIL BLUEBOOK CHANGES – UPDATE**

Mr. Magarian will address the most important changes to the RIIL Bluebook at the Principals'/Athletic Directors' Workshop in September.

#### **GOLF CHAMPIONSHIPS 2004 – MIKE LUNNEY, DIRECTOR OF GOLF**

#### **BOYS' GOLF**

##### *Division Championships*

North	Mount Saint Charles Academy
South	North Kingstown High School
East	Barrington High School
West	LaSalle Academy and St. Raphael Academy
Central	Bishop Hendricken High School

##### *Team Championship*

Barrington High School  
*Runner-up* – Bishop Hendricken High School

##### *Individual Championship*

Drew Harker, Barrington High School  
*Runner-up* – Dave Marino, Mount Saint Charles Academy

*On a motion made and seconded, the Principals' Committee on Athletics unanimously voted to approve the 2004 Boys' Golf Championships as outlined above.*

#### **FALL SPORTS**

Ms. Boulé, Director of Girls' Tennis, reported all is going well with girls' tennis. Mr. Craig, Director of Boys' Soccer, reported on a meeting for boys' soccer being held on August 26, 2004 for captains and coaches. Mr. Mezzanotte reported girls' soccer finals will be held at Pierce Field and boys' soccer finals will be held at Portsmouth High School. No report was given on field hockey. However, Mr. Mezzanotte indicated the League is looking for sites for the semi-finals. Ms. Elaine Botelho, Director of Girls' Volleyball, reported all is going well with girls' volleyball. She brought up changes in schedules should be kept to a minimum once the season starts. Mr. Mezzanotte supported this request.

Mr. Mezzanotte reported there will be five (5) Divisions in football and five (5) Superbowls. He is looking for five (5) potential Superbowl sites to be played on one day. Mr. Mezzanotte stressed the need for flexibility due to weather conditions. Potential sites Mr. Mezzanotte is looking at are Barrington, North Providence, North Kingstown and Warwick Veterans High School, LaSalle Academy, Pierce Field Stadium and Bryant College.

Mr. Mezzanotte discussed the proposed "Under 16 Football" Program (previously referred to as the Independent Freshman Football Schedule). Discussion took place concerning the establishment of this league/program and whether there was an opportunity for all schools to participate. Members of Principals' Committee on Athletics did not want to endorse a

league/program that wasn't open to all schools. The Principals' Committee on Athletics agreed to send out a letter to schools that showed a preference to play in this program informing them that the RIIL does not support this league. However, schools may choose to participate in a J.V. program. According to our Rules and Regulations, all grade 9 students must be listed on the varsity eligibility list and schools may play other J.V. teams. There will be no formal League or Championships. Furthermore, the Football Committee will examine this issue and make recommendations that will resolve this matter.

In another matter, Mr. Mezzanotte encouraged all Sport Directors to carefully consider any schedule changes once the season has started.

#### **WINTER SPORTS**

Mr. Mezzanotte reminded the Sport Directors of all winter sports that winter sport schedules are due to the League by September 20<sup>th</sup>.

#### **Realignment**

1. Mr. Magarian reported Mr. Ken Reall, Director of Boys' and Girls' Swim, will have the boys' and girls' swim alignment and schedule ready for the next Committee meeting.
2. Mr. Magarian also reported on the 2004-2006 gymnastics alignment submitted by Ms. Melissa Gendreau, Director of Gymnastics.
3. Mr. Mezzanotte reported the boys' indoor track schedule will be ready for the next Committee meeting.

*On a motion made and seconded, the Principals' Committee on Athletics unanimously voted to approve the 2004-2006 Gymnastics Alignment.*

Ms. Cindy Neal, Director of Girls' Basketball, reported an error to the Girls' Basketball Schedule under Division II play-offs. It should read "Teams with 7 wins or 40% qualify for post-season play." The League will notify schools of this correction.

Mr. Magarian reported the winter sports interpretation meetings will be held in October. Details to follow.

#### **HOCKEY**

Mr. Mezzanotte reported Mr. George Egan, Director of Boys' and Girls' Hockey, is preparing the boys' and girls' hockey schedule. Also, the League has confirmed dates for hockey finals at Providence College. The girls' hockey finals are scheduled for March 7 and 8, 2005 and the boys' hockey finals are scheduled for March 18-22, 2005.

#### **SPRING SPORTS**

Mr. Mezzanotte reported realignment must be completed by the end of October 2004. Sport Directors were asked to forward realignment proposal to RIIL as soon as possible.

#### **ALTERNATIVE EDUCATION WAIVER REQUESTS BY THE PROVIDENCE SCHOOL DEPARTMENT**

The waiver to allow Feinstein High School and Feinstein II to participate in the RIIL as one school that was approved by the

Principals' Committee on Athletics at its meeting on May 17, 2004 will be put on hold until the new school is completed. In the meantime, Feinstein High School will continue to participate as one school.

*On a motion made and seconded, the Principals' Committee on Athletics unanimously voted to grant waivers to the following alternative education programs: Alternative Learning Project, E3 Academy, Harrison Street School, The MET Center, Newcomer Academy, Textron Chamber of Commerce, The Blackstone Academy Charter School and New England Laborers/Cranston Public Schools Charter School. These schools requested eligibility for their students to participate in feeder schools in the community in which they reside.*

#### **NEW ONLINE REQUIREMENT TO REPORT ALL SCORES AND REGISTER ALL COACHES**

Mr. Mezzanotte reported schools are to report all scores online and register all coaches online. The Principals' Committee on Athletics voted to make this *mandatory* for all schools starting this fall.

#### **PRINCIPALS'/ATHLETIC DIRECTORS' WORKSHOP – WEDNESDAY, SEPTEMBER 22, 2004**

Mr. Mezzanotte reported registration forms for the mandatory 8<sup>th</sup> Annual Principals'/Athletic Directors' Workshop will be sent to all schools next month. He mentioned Julie Moore, Esquire, Employment Practices Group will be the Keynote Speaker. She will be speaking about Sports and Hazing.

#### **NFHS POLICY ON DRUGS AND PERFORMANCE ENHANCING DRUGS**

Mr. Mezzanotte referred to an article placed in each member's folder from the NFHS on their policy on drugs and performance enhancing drugs. The League will present the policy to RIIL Sports Medicine Advisory Committee for their consideration and approval.

**BEFORE THE MEETING WAS ADJOURNED, A MOTION WAS MADE AND SECONDED TO GO INTO EXECUTIVE SESSION. THE COMMITTEE VOTED TO GO INTO EXECUTIVE SESSION.**

#### **EXECUTIVE SESSION**

- ***RIIL Budget 2004-2005***

Mr. Mezzanotte submitted the results of the meeting with the RIIL Budget Sub-Committee along with the proposed 2004-2005 budget for the Committee's perusal and consideration. He reviewed the proposed budget, as compared to previous years, and informed the Committee of the status of the RIIL's investments.

*The Principals' Committee on Athletics unanimously approved the proposed RIIL budget for the 2004-2005 school year.*

#### **Bishop Hendricken High School – Recruiting Violations**

In accordance with the decision concerning various recruiting violations, the Principals' Committee on Athletics requested to meet with representatives of Bishop Hendricken High School to discuss the findings contained in the matter involving an employee of Bishop Hendricken High School and recruiting

violations, as well as, the subsequent penalties imposed upon Bishop Hendricken High School.

Representing Bishop Hendricken High School was Brother Thomas R. Leto, President, Bishop Hendricken High School; Paul Alianiello, Athletic Director, Bishop Hendricken High School and Vincent Mancuso, Acting Principal, Bishop Hendricken High School.

After Mr. Mezzanotte presented the Committees findings, he reviewed the penalties imposed on Bishop Hendricken High School for recruiting violations outlined in the decision rendered by the Principals' Committee on Athletics at its June 28, 2004 meeting.

***The Committee then adopted the following Closing Motion:***

*THAT ANY AND ALL MOTIONS, AMENDMENTS AND ACTIONS BY THE PRINCIPALS' COMMITTEE ON ATHLETICS AND THE EXECUTIVE OFFICERS OF THE PRINCIPALS' COMMITTEE ON ATHLETICS TO THIS DATE BE REAFFIRMED AND RATIFIED.*

***The August meeting of the Principals' Committee on Athletics was adjourned at 4:15 p.m.***

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its Corporate Sponsors*

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**Empire Corporate Federal Credit Union**

**M-F ATHLETICS COMPANY**

**MARTIN SCREEN PRINT**

**MetLife Auto and Home**

***Pepsi Cola Co.***

**The Pawtucket Red Sox**

**Penn Monto**

**Rawlings Sporting Goods**

**Spalding**

**United States Air Force**

**United States Army**

**United States Marine Corp**

## **MISSION STATEMENT**

The Mission of the Rhode Island Interscholastic League  
Is to provide educational opportunities  
For students through interscholastic athletics  
And to provide governance and leadership  
For its member schools  
In the implementation of athletic programs.

## **NATIONAL AFFILIATION**

The Rhode Island Interscholastic League is a member of the National Federation of State High School Associations, which consists of the state high school associations of all 50 states and the District of Columbia. Guam, the Philippines, Puerto Rico, the Virgin Islands and all provinces of Canada are affiliate members.

The objectives of the National Federation of State High School Associations are to:

- serve, protect, and enhance the interstate activity interests of the high schools belonging to the state associations;
- assist in those activities of the state associations which can best be operated on a nationwide scale;
- sponsor meetings, publications, and activities which will permit each state association to profit by the experience of all other member associations;
- coordinate the work so duplication will be minimized;
- formulate, copyright, and publish rules of play or event conduct pertaining to interscholastic activities;
- preserve interscholastic athletic records, and the tradition and heritage of interscholastic sports;
- provide programs, services, material and assistance to state associations, high schools and individual professionals involved in the conduct and administration of interscholastic activities;
- study in general all phases of interscholastic activities and serve as a national resource for information pertaining thereto;
- identify needs and problems related to interscholastic activities and where practical provide solutions thereto; and
- promote the educational values of interscholastic activities to the nation's public.



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