

J & W Providence Athletics

265 Shipyard Street
Providence, RI

Directions:

Harborside Recreation & Athletic Center

From Boston Take I-93 to I-95 South into Rhode Island Take Exit 18 (Thurbers Ave.). At the end of the ramp, bear left, following the road to the traffic light; take a right onto Allens Ave. Follow Allens for 1.1 miles to the Shell gas station on the left. After the gas station take a left onto Harborside Boulevard; continue 3/10 of a mile to Shipyard Street. The entrance to the campus is 500 feet on the left. The gym is the large building on the right.

From New Haven, New York and points south Take I-95 North into Rhode Island. Take Exit 18 (Thurbers Avenue). At the exit ramp, bear right and follow the road to the traffic light. At the light, take a right onto Allens Avenue. Follow Allens Avenue for about a mile to the Shell gas station on the left. After the gas station take a left onto Harborside Boulevard; continue 3/10 of a mile to Shipyard Street. The entrance to the campus is 500 feet on the left. The gym is the large building on the right.