

Rhode Island Indoor Track State Championship - 1/13/2009 to 1/14/2009

Providence

Results - State Meet

Event 2 Boys 55 Meter Dash

State Record: 6.34 # 1/7/2006 Eric Osei

State Record: 6.1h # 1/22/2010 Kadeen Kushimo

Meet Record: 6.40 % 2/18/2007 Matt Washington

Facility: 6.1h @ 1/22/2010 Kadeen Kushimo

Name	Yr	School
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Prelims

Preliminaries

1	900 Kadeem Kushimo	SR	La Salle - RI	6.41	Q
2	753 Mike Read	SR	Barrington-RI	6.58	Q
3	951 Fred Gobewole	JR	Shea RI	6.62	Q
4	850 Brandon Aikens	SR	Cumberland - RI	6.66	Q
5	831 franklin santos	JR	Classical-RI	6.68	q
6	875 Mike Monti	JR	E. Greenwich -RI	6.69	q
7	745 Marc DeSisto	SR	Barrington-RI	6.71	q
8	882 Manny Gomes	SR	E. Prov.-RI	6.73	q
9	996 Nathaniel Morris	SR	WH	6.73	
10	885 Jarell James	SO	Hope - RI	6.74	
11	940 Tyler Olivera	JR	Portsmouth-RI	6.75	
12	892 Christopher Casale	SR	La Salle - RI	6.76	
13	798 Jose Ortiz	SO	Central HS Provi	6.81	
14	800 Frank Soe	JR	Central HS Provi	6.82	
15	794 Joseph Cooper	SR	Central HS Provi	6.85	
16	918 Aaron Roseman	FR	Lincoln	6.86	
17	857 Justin Gaudette	SR	Cumberland - RI	6.93	
18	999 Geoffrey Phaneuf	SR	Woonsocket - RI	6.96	
19	968 Jean-Daniel Roussel	SR	St.Raphael-RI	6.96	
20	828 mackenzie murphey	JR	Classical-RI	7.01	
21	752 Ben Mitchel	JR	Barrington-RI	7.02	
22	934 Butch Giguere	JR	Ponaganset - RI	7.06	
23	972 Dillon Coffua	SR	W.Warwick-RI	7.23	

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Facility: 6.1h @ 1/22/2010 Kadeen Kushimo

Name	Yr	School	Finals
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Finals

1	900 Kadeem Kushimo	SR	La Salle - RI	6.46
2	753 Mike Read	SR	Barrington-RI	6.50
3	951 Fred Gobewole	JR	Shea RI	6.51
4	850 Brandon Aikens	SR	Cumberland - RI	6.60
5	875 Mike Monti	JR	E. Greenwich -RI	6.63
6	831 franklin santos	JR	Classical-RI	6.68
7	745 Marc DeSisto	SR	Barrington-RI	6.77
8	882 Manny Gomes	SR	E. Prov.-RI	6.91

Event 4 Boys 300 Meter Dash

State Record: 34.77 # 3/2/2007 Matt Washigton

Meet Record: 35.15 % 2/17/1997 Russell Frye

Facility: 35.8h @ 2/6/2010 Jarell James

Name	Yr	School	Finals
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Finals

1	885 Jarell James	SO	Hope - RI	35.87
2	882 Manny Gomes	SR	E. Prov.-RI	36.91

3	798 Jose Ortiz	SO	Central HS Provi	36.92
4	940 Tyler Olivera	JR	Portsmouth-RI	36.94
5	900 Kadeem Kushimo	SR	La Salle - RI	37.00
6	926 Troy Crawford	JR	N.Kingstown-RI	37.10
7	747 Ryan Gower	SR	Barrington-RI	37.41
8	831 franklin santos	JR	Classical-RI	37.48
9	999 Geoffrey Phaneuf	SR	Woonsocket - RI	37.56
10	782 David Revens	SR	B.Hendricken-RI	37.79
11	857 Justin Gaudette	SR	Cumberland - RI	37.95
12	838 Timothy Clarkin	SR	Coventry-RI	38.19
13	753 Mike Read	SR	Barrington-RI	38.30
14	785 Cameron Shalkowski	JR	B.Hendricken-RI	38.60
15	770 Mike Guadagno	SR	B.Hendricken-RI	39.27
16	794 Joseph Cooper	SR	Central HS Provi	42.41
---	850 Brandon Aikens	SR	Cumberland - RI	FS

Event 6 Boys 600 Meter Run

State Record: 1:20.81 # 3/2/2001 Emmanuel Karngar

Meet Record: 1:21.94 % 2000 Adeniyi Omisore

Facility: 1:23.9h @ 2/6/2010 Craig Amado

Name	Yr	School	Finals
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Finals

1	792 Craig Amado	SR	Central HS Provi	1:25.12
2	988 John DiGangi	JR	WES	1:25.48
3	924 Kenny Cheston	SR	N.Kingstown-RI	1:25.52
4	783 Andy Sakovits	JR	B.Hendricken-RI	1:26.13
5	767 John Ferris	JR	B.Hendricken-RI	1:26.47
6	933 Dillin Alexander	JR	Pilgrim - RI	1:26.55
7	971 Nyeswa Sylvester		Tolman - RI	1:27.69
8	821 jerrel forbes	SO	Classical-RI	1:27.75
9	917 Jonathan Redding	JR	Lincoln	1:28.42
10	808 Ian LaPlume	JR	Chariho-RI	1:28.98
11	846 Louis Rodriguez	SR	Cranston W.-RI	1:29.09
12	995 Nicholas Codola	JR	WH	1:30.11
13	911 Geoffrey Conklin	JR	Lincoln	1:30.87
14	880 Ryan Bellamy	SR	E. Prov.-RI	1:31.40
15	790 Luis Melendez	SR	Central Falls RI	1:32.88
16	837 Dan Clarkin	SO	Coventry-RI	1:33.19

Event 8 Boys 1000 Meter Run

State Record: 2:28.97 # 1/21/1989 Andrew Butler

Meet Record: 2:30.7h % 1988 Andrew Butler

Facility: 2:34.6h @ 1/22/2010 Zach Fraielli

Name	Yr	School	Finals
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Finals

1	897 Zachary Fraielli	JR	La Salle - RI	2:36.47
2	877 Nick Ross	SR	E. Greenwich -RI	2:36.59
3	807 Dan Kilcoyne	SO	Chariho-RI	2:39.37
4	787 Mark Vuono	SO	B.Hendricken-RI	2:39.82
5	840 Dennis Ryan	JR	Coventry-RI	2:40.25
6	766 Brian Doyle	SR	B.Hendricken-RI	2:42.00
7	842 Robert Allen	JR	Cranston W.-RI	2:45.89
8	781 Thomas Pederzani	JR	B.Hendricken-RI	2:47.00
8	758 Andrew Andraka	JR	B.Hendricken-RI	2:47.00
10	822 martin gallogly	JR	Classical-RI	2:47.58
11	750 Brian McLaughlin	SR	Barrington-RI	2:51.11
12	931 Adam Coogan	JR	N.Providence-RI	2:52.83
13	943 Nick Tyler	SO	Portsmouth-RI	2:57.22

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Providence

Results - State Meet

Event 10 Boys 1500 Meter Run

State Record: 3:56.7h # 1/3/1989 Andrew Butler

Meet Record: 3:58.50 % 2/22/2009 Andrew Springer

Facility: 4:01.7h @ 2/6/2010 Robert Allen

Name	Yr	School	Finals
Finals			
1 877 Nick Ross	SR	E. Greenwich -RI	4:02.30
2 842 Robert Allen	JR	Cranston W.-RI	4:02.49
3 786 Jake Sienko	SR	B.Hendricken-RI	4:04.38
4 750 Brian McLaughlin	SR	Barrington-RI	4:05.03
5 777 Ryan Meehan	JR	B.Hendricken-RI	4:09.54
6 897 Zachary Fraielli	JR	La Salle - RI	4:13.70
7 744 Cyrus Cousins	JR	Barrington-RI	4:18.64
8 773 Michael MacKenzie	SR	B.Hendricken-RI	4:18.65
9 928 Zach Seites-Rundlett	JR	N.Kingstown-RI	4:19.46
10 931 Adam Coogan	JR	N.Providence-RI	4:21.71
11 879 Andrew Barao	SR	E. Prov.-RI	4:22.07
12 901 Matthew Mercurio	JR	La Salle - RI	4:24.67
13 974 Joey Gjojdeshi	SR	W.Warwick-RI	4:27.06
14 920 Dan Appenfeller	SR	Mt.St.CharlsRI	4:27.31
15 990 Sam Kern	JR	WES	4:28.35
16 937 John Corbett	JR	Portsmouth-RI	4:39.90

Event 12 Boys 3000 Meter Run

State Record: 8:27.21 # 1/3/2009 Andrew Springer

Meet Record: 8:33.96 % 2/22/2009 Andrew Springer

Facility: 8:39.2h @ 1/30/2010 Jake Sienko

Name	Yr	School	Finals
Finals			
1 766 Brian Doyle	SR	B.Hendricken-RI	8:54.50
2 786 Jake Sienko	SR	B.Hendricken-RI	8:54.60
3 777 Ryan Meehan	JR	B.Hendricken-RI	8:55.70
4 773 Michael MacKenzie	SR	B.Hendricken-RI	9:00.25
5 901 Matthew Mercurio	JR	La Salle - RI	9:03.98
6 952 Liam Hillery	JR	Smithfield RI	9:12.13
7 920 Dan Appenfeller	SR	Mt.St.CharlsRI	9:17.97
8 902 Tim O'Neill	JR	La Salle - RI	9:22.12
9 932 Alex Gallo	JR	N.Providence-RI	9:29.99
10 853 Trevor Crawley	FR	Cumberland - RI	9:30.29
11 967 Robert Parker	SO	St.Raphael-RI	9:35.78
12 775 Drew Manning	JR	B.Hendricken-RI	9:44.40
13 810 Mike Marsella	SO	Chariho-RI	9:45.49
14 784 Nick Senra	JR	B.Hendricken-RI	9:48.96
15 757 Dylan Verner-Crist	SO	Barrington-RI	9:54.45
16 765 Alex DaPonte	SR	B.Hendricken-RI	9:55.42
17 925 Michael Coleman	SO	N.Kingstown-RI	10:04.33

Event 14 Boys 55 Meter Hurdles

State Record: 7.41 # 2/27/2004 Yudehweh Gbaa

Meet Record: 7.77 % 2/17/2008 Kevin Alexander

Facility: 7.6h @ 12/19/2009 Mike Sphar

Name	Yr	School	Finals
Prelims			
1 929 Michael Spahr	SR	N.Kingstown-RI	7.83 Q

Preliminaries

2 821 jerrel forbes	SO	Classical-RI	8.04 Q
3 828 mackenzie murphey	JR	Classical-RI	8.07 Q
4 838 Timothy Clarkin	SR	Coventry-RI	8.16 Q
5 997 Wesley DeChristofaro	SR	Woonsocket - RI	8.10 q
6 1000 Damian Pietrus	SR	Woonsocket - RI	8.16 q
7 846 Louis Rodriguez	SR	Cranston W.-RI	8.21 q
8 963 Ben Shaw	SO	S.Kingstown-RI	8.29 q
9 965 Ryan Thomas	JR	S.Kingstown-RI	8.32
10 899 Max Isaacson	SR	La Salle - RI	8.33
11 779 Kyle O'Connell	SO	B.Hendricken-RI	8.37
12 946 Lucas Chaves	SO	Rogers - RI	8.44
13 856 James Ferry	SR	Cumberland - RI	8.45
14 809 Colin Lescroart	JR	Chariho-RI	8.50
15 980 Sean Rainey	JR	W.Warwick-RI	8.61
16 857 Justin Gaudette	SR	Cumberland - RI	8.61
17 769 Ian Gose	JR	B.Hendricken-RI	8.63
18 755 David Silvia	SR	Barrington-RI	8.83
19 861 Nicholas Nunes	SR	Cumberland - RI	8.93
20 890 Nyurou Ben	SO	La Salle - RI	8.93
21 837 Dan Clarkin	SO	Coventry-RI	8.96
22 752 Ben Mitchel	JR	Barrington-RI	8.96
--- 881 Trent Depina	JR	E. Prov.-RI	DNF

Event 14 Boys 55 Meter Hurdles

State Record: 7.41 # 2/27/2004 Yudehweh Gbaa

Meet Record: 7.77 % 2/17/2008 Kevin Alexander

Facility: 7.6h @ 12/19/2009 Mike Sphar

Name	Yr	School	Finals
Finals			
1 929 Michael Spahr	SR	N.Kingstown-RI	7.78
2 821 jerrel forbes	SO	Classical-RI	7.92
3 1000 Damian Pietrus	SR	Woonsocket - RI	8.03
4 997 Wesley DeChristofaro	SR	Woonsocket - RI	8.04
5 838 Timothy Clarkin	SR	Coventry-RI	8.05
6 828 mackenzie murphey	JR	Classical-RI	8.17
7 846 Louis Rodriguez	SR	Cranston W.-RI	8.18
8 963 Ben Shaw	SO	S.Kingstown-RI	8.22

Event 16 Boys 4x200 Meter Relay

State Record: 1:29.72 # 2/27/2007 Hope

M.Washington,W.Smith, K Morgan, J. Moreno

Meet Record: 1:31.81 % 2/18/2007 Hope HS - Prov. - RI

M Washington, K Morgan, W Smith, J Moreno

Facility: 1:32.4h @ 1/30/2010

Team	Relay	Finals
Finals		
1 Central HS Provi		1:33.30
2 Barrington HS-RI		1:34.16
3 B.Hendricken-RI		1:35.35
4 Hope HS - Prov. - RI		1:35.89
5 Classical-RI		1:35.97
6 N.Kingstown-RI		1:36.25
7 Portsmouth HS - RI		1:36.47
8 Cumberland HS-RI		1:37.52
9 E. Greenwich -RI		1:37.72
10 WesterlyHS-RI		1:42.74
--- West Warwick HS - RI		DNF
--- La Salle - RI		DQ

Rhode Island Indoor Track State Championship - 1/13/2009 to 1/14/2009**Providence****Results - State Meet****Event 19 Boys Weight Throw****State Record: 81-08.75 # 2/20/2000 Josh Mc Caughey****Meet Record: 81-08.75 % 2/20/2000 Josh Mc Caughey****Facility: 66-05 @ 2/6/2010 Wilson Adams**

Name	Yr	School	Finals
Finals			
1 778 Max Milder	SR	B.Hendricken-RI	68-02.50 @
2 774 Mike Maloof	JR	B.Hendricken-RI	65-06.25
3 742 Wilson Adams	SR	Barrington-RI	64-07.50
4 962 Shane McLoughlin	SR	S.Kingstown-RI	61-01.00
5 789 Nico Danielson	SO	Central Falls RI	60-00.75
6 829 Tim Phok	JR	Classical-RI	59-06.50
7 804 Nate Irwin	JR	Chariho-RI	58-06.25
8 836 gabre winters	JR	Classical-RI	58-05.50
9 756 Remy Steele	SR	Barrington-RI	57-03.00
10 949 mike mulligan	JR	Rogers - RI	56-09.75
11 919 Luis alvarez	JR	Mt.Pleasant-RI	53-07.00
12 957 Justin Favreau	SR	S.Kingstown-RI	52-08.50
13 771 Rueben Horace	SO	B.Hendricken-RI	51-09.75
14 814 joel caballero	SO	Classical-RI	51-07.00
15 987 Kevin Conway	SO	WES	50-00.75
16 788 Mike Yanish	SR	B.Hendricken-RI	49-02.00
17 830 gustavo reynoso	SO	Classical-RI	46-07.25

Event 21 Boys Shot Put**State Record: 62-05.50 # 2/23/1965 Charles Ajootian****Meet Record: 61-04 % 1971 Lenny Rao****Facility: 52-05 @ 12/30/2009 Kaydon Davis**

Name	Yr	School	Finals
Finals			
1 830 gustavo reynoso	SO	Classical-RI	53-08.25 @
2 966 Richard Casiello		St.Raphael-RI	50-02.00
3 768 Dan Freeman	SR	B.Hendricken-RI	49-04.75
4 762 Anthony Bucci	SR	B.Hendricken-RI	47-00.25
5 789 Nico Danielson	SO	Central Falls RI	46-09.25
6 772 Nolan Kiernan	JR	B.Hendricken-RI	46-09.00
7 962 Shane McLoughlin	SR	S.Kingstown-RI	46-05.75
8 984 Kyle Carr	SR	WES	45-09.75
9 774 Mike Maloof	JR	B.Hendricken-RI	45-08.75
10 987 Kevin Conway	SO	WES	44-07.00
11 975 Jordan Koehler	SR	W.Warwick-RI	44-04.00
12 991 Jeremy Oceau	SO	WES	43-06.50
13 998 Mateus Kurowski		Woonsocket - RI	43-05.50
14 836 gabre winters	JR	Classical-RI	41-09.25
15 957 Justin Favreau	SR	S.Kingstown-RI	40-00.00
16 910 Matthew Butler	SR	Lincoln	39-06.50
17 969 Nick Gallagher	JR	Toll Gate - RI	38-05.75
--- 986 Joe Colao	FR	WES	FOUL

Event 23 Boys High Jump open at 5'6**State Record: 7-01.50 # 3/10/1975 Tim Walker****Meet Record: 7-00 % 1991 Erik Clinton****Facility: 6-05 @ 1/30/2010 Steven Vazquez**

Name	Yr	School	Finals
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Finals

1	900 Kadeem Kushimo	SR	La Salle - RI	6-06.00	@
2	831 franklin santos	JR	Classical-RI	6-06.00	@
3	791 Steven Vasquez	SO	Central Falls RI	6-02.00	
4	792 Craig Amado	SR	Central HS Provi	6-02.00	
5	997 Wesley DeChristofaro	SR	Woonsocket - RI	6-02.00	
6	805 Innocent Jacobs	JR	Chariho-RI	6-00.00	
7	945 divon baily	FR	Rogers - RI	6-00.00	
8	947 monzel colely	JR	Rogers - RI	5-10.00	
9	929 Michael Spahr	SR	N.Kingstown-RI	5-08.00	
10	894 John Davey	SR	La Salle - RI	5-08.00	
11	973 Mark Garcia	JR	W.Warwick-RI	5-08.00	
12	948 nathan hurd	SO	Rogers - RI	5-06.00	
12	881 Trent Depina	JR	E. Prov.-RI	5-06.00	
14	746 Ryan Freeman	SR	Barrington-RI	5-06.00	
14	812 Dan Pearce	SR	Chariho-RI	5-06.00	
16	760 Jordan Barboza	SO	B.Hendricken-RI	5-06.00	
---	809 Colin Lescroart	JR	Chariho-RI	NH	
---	859 Patrick Kavanaugh	JR	Cumberland - RI	NH	

Event 24 Boys 4x400 Meter Relay**State Record: 3:27.73 # 2004 Hope****J.Martins,J.Quiah,J.Salvider,P.Gbaa****Meet Record: 3:30.14 % 2/22/2009 Bish.Hendricken-Warwick-RI****A Bean, M Guadagno, M Racca, R Riordan****Facility: 3:30.12 @ 12/30/2009**

Team	Relay	Finals
Finals		
1	Central HS Provi	3:29.53 @
2	B.Hendricken-RI	3:30.35
3	Barrington HS-RI	3:33.53
4	N.Kingstown-RI	3:36.30
5	Hope HS - Prov. - RI	3:36.57
6	S.Kingstown-RI	3:36.76
7	La Salle - RI	3:37.25
8	WesterlyHS-RI	3:37.77
9	West Warwick HS - RI	3:41.11
10	Classical-RI	3:44.54
11	E. Greenwich -RI	3:49.25
12	Coventry HS-RI	3:52.95

Event 25 Boys 4x800 Meter Relay**State Record: 8:04.05 # 3/22/2009 South Kingstown HS - RI****K Carey, C McCloskey, D McCloskey, S Stadnick****Meet Record: 8:05.58 % 2/22/2009 South Kingstown HS - RI****K Carey, C McCloskey, D McCloskey, S Stadnick****Facility: 8:08.28 @ 12/30/2009**

Team	Relay	Finals
Finals		
1	WesterlyHS-RI	8:13.99
2	B.Hendricken-RI	8:20.65
3	Chariho-Richmond-RI	8:23.15
4	La Salle - RI	8:26.06
5	West Warwick HS - RI	8:27.57
6	E. Greenwich -RI	8:29.62
7	N.Kingstown-RI	8:31.47
8	Portsmouth HS - RI	8:31.73

Rhode Island Indoor Track State Championship - 1/13/2009 to 1/14/2009**Providence****Results - State Meet**

9	Barrington HS-RI	8:38.41
10	Cumberland HS-RI	8:41.43
11	S.Kingstown-RI	9:04.03

Men - Team Rankings - 13 Events Scored

1)	Bish.Hendricken-Warwick-RI	98
2)	Central HS Providence - RI	40
3)	La Salle Acad - Prov. - RI	39
4)	Barrington HS-RI	32
5)	Classical HS-Providence-RI	31
6)	North Kingstown HS - RI	22
7)	East Greenwich HS - RI	21
8)	WesterlyHS-RI	18
9)	Hope HS - Prov. - RI	16
10)	Chariho-Richmond-RI	13
11)	Woonsocket HS - RI	12
12)	Central Falls HS - RI	10
13)	Cranston West HS-RI	8
13)	East Providence HS - RI	8
13)	St. Raphael Acad - Pawtckt - R	8
16)	Shea HS - Pawtucket - RI	6
17)	South Kingstown HS - RI	5
18)	Portsmouth HS - RI	4
18)	Coventry HS-RI	4
18)	Cumberland HS-RI	4
21)	West Warwick HS - RI	2
22)	Pilgrim HS -Warwick - RI	1
22)	Smithfield HS - RI	1