

Rhode Island Outdoor Track
State Meet Qualifying Standards
 Revised 3/2017

	Boys		Girls	
	Automatic	Provisional	Automatic	Provisional
100m	11	11.5	12.6	13.2
200m	22.4	23.8	26.2	27.6
400m	51.2	53.5	60.0	63.0
800m	2:00.0	2:06.0	02:20.0	2:30
1500m	4:07.0	4:22.0	4:50.0	5:08
3000m	9:00.0	9:35.0	10:45.0	11:25
HH	15.8	18.4	16	18.0
300 IH	42.2	45.0	48.0	52.5
Shot	47'	40'6"	32'6"	29'
Discus	140'	110'	100'	85'
Hammer	180'	150'	143'	110'
Javelin	160'	135'	105'	85'
High Jump	6'2"	5'6"	5'1"	4'9"
Long Jump	20'4"	19'	16'	15'0"
Triple Jump	41'6"	38'0"	33'9"	31'
Pole Vault	12'	10'0"	9'	8'
4x100	top 12		top 12	
4x400	top 12		top 12	
4x800	top 12		top 12	