GENERAL CONSIDERATIONS:

- In accordance with RIIL and RIDOH guidance, responsible parties must ensure a distance of at least six feet is maintained among individuals at all times, whether indoor or outdoor, unless safety or the core activity (e.g. practicing, playing) requires a shorter distance. If a shorter distance is required, Athletes are required to wear cloth face coverings/masks per RIDOH guidelines. During play when spacing between players is greater than 10 ft athletes may momentarily take brief face covering relief. The default expectation is that the mask will be on. In addition, coaches, trainers, spectators and all other individuals who are not engaged in physical activity are required to wear a face covering per RIDOH guidelines.
- No hugging, shaking hands, or fist bumps.
- Cheer teams spaced on sidelines/stands for social distancing.
- Cheer stunts, lifts and pyramids are not allowed.
- No visiting between schools before/after game or half-time.
- Teams should not share crowd-leading props (signs, poms, etc.)
- Props should be cleaned and sanitized after each game.
- These groups should always remain separate from game participants and remain away from the fans or non-group members.

CONSIDERATIONS FOR COACHES:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.
CONSIDERATIONS FOR STUDENTS:

- Students are responsible for their own supplies
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.